

Kindergarten and Transitional Kindergarten Orientation

TOP 10

Tips to Help My Child Be Successful in School

1. Attendance- Good attendance sets the stage for school success. The average Cobblestone student is absent only 3 days.
2. Sleep- Students work hard at school. Young children who do not get 10-12 hours of good sleep each night have difficulty learning and often have difficulty behaving appropriately in class.
3. Nutritious Food- A protein rich breakfast supports student learning. Avoid sugar based cereals, donuts and other foods high in sugar in the morning and at lunch. Save sweet treats for after school, evenings or weekends.
4. Read daily- at least 15 minutes to build enjoyment and provide exposure to vocabulary!
5. Minimize screen time and promote more creative play and interactive games. Games with others help teach children important social skills that screen entertainment cannot.
6. Stay Informed- Attend Back to School Night, Parent Conferences, and Open House. Review information in the Tuesday folder, and school messenger email communications.
7. Communicate with your child's teacher- Let us know how things are going, if you have questions or if there is information we need to have regarding your child.
8. Read daily- Wait....did I say this already? It's really important! Set up a routine so it happens regularly! Bedtime stories are a great way to do this!
9. Get Involved- Actions speak louder than words. Your active support of the school tells your child that learning is important. Volunteer to be a lunch helper or in the library or the office. Help in the classroom or be an art docent. Help out with a PTC activity.
10. Yes, I'm going to say it one more time..... read daily. It makes a huge difference....students who are read to frequently and develop an enjoyment of listening to stories become strong readers.